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# **FIRO-B®** **Interpretive Report for Organizations**

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Report prepared for  
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## INTRODUCTION

The purpose of this report is to show how your results from the FIRO-B® assessment can help you understand your behavior and the behavior of others in your organization. Information from the FIRO-B tool can help you maximize the impact of your actions, identify options for increasing your job satisfaction and productivity, and explore alternative ways to achieve your goals. This report provides an explanation of your results and then considers how your results can help you:

- Plan your career development
- Increase your job satisfaction
- Improve your effectiveness on teams
- Identify the strengths and weaknesses of your leadership style

As you read through this report, keep in mind that all instruments have limitations. The FIRO-B instrument is not a comprehensive personality test; it focuses on how you are oriented to interpersonal relations. Results should not be used to make a judgment about whether any behavior or any person is good or bad. The FIRO-B assessment is a measure of interpersonal needs, not a test of abilities, career interests, or success. Finally, you should avoid making a major decision based on the results of only one instrument.

The FIRO-B tool measures your interpersonal needs in three areas.

### INCLUSION [I]

The need for Inclusion relates to forming new relations and associating with others; it determines the extent of contact and prominence that a person seeks. Descriptors include:

- belonging
- recognition
- involvement
- distinction
- participation

### CONTROL [C]

The need for Control relates to decision making, influence, and persuasion between people; it determines the extent of power or dominance that a person seeks. Descriptors include:

- power
- responsibility
- authority
- consistency
- influence

### AFFECTION [A]

The need for Affection relates to emotional ties and warm connections between people; it determines the extent of closeness that a person seeks. Descriptors include:

- personal ties
- support
- consensus
- openness
- sensitivity

For each of the three interpersonal needs—Inclusion, Control, and Affection—the FIRO-B instrument also provides a measure of how much each need is *expressed* or *wanted* by you.

### EXPRESSED [e]

The extent to which you will initiate the behavior.

### WANTED [w]

The extent to which you want or will accept that behavior from others.

## YOUR FIRO-B® RESULTS

	INCLUSION	CONTROL	AFFECTION	
<b>EXPRESSED</b>	Expressed Inclusion [eI]	Expressed Control [eC]	Expressed Affection [eA]	<b>TOTAL EXPRESSED BEHAVIOR</b>
	<b>3</b>	<b>6</b>	<b>5</b>	<b>14</b>
<b>WANTED</b>	Wanted Inclusion [wI]	Wanted Control [wC]	Wanted Affection [wA]	<b>TOTAL WANTED BEHAVIOR</b>
	<b>0</b>	<b>9</b>	<b>0</b>	<b>9</b>
	<b>TOTAL NEED FOR INCLUSION</b>	<b>TOTAL NEED FOR CONTROL</b>	<b>TOTAL NEED FOR AFFECTION</b>	<b>OVERALL INTERPERSONAL NEEDS</b>
	<b>3</b>	<b>15</b>	<b>5</b>	<b>23</b>

### Factors That Can Influence Results

The following sections provide an interpretation of your FIRO-B results and show how they can be applied to help you understand your behavior in an organization. However, as you think about the meaning of your results, keep in mind that a number of extraneous factors may have affected how you responded to the FIRO-B items. Try to determine whether any of these may have influenced your results:

- Life events that lead to intense self-reflection or withdrawal from others (this will alter all of your results, but especially your need for Wanted Inclusion)
- Cultural differences affecting the expression of needs
- Misunderstanding the terms
- Consciously trying to avoid extreme responses (which usually results in a majority of results in the medium range)
- Pressure from your environment to express certain behaviors

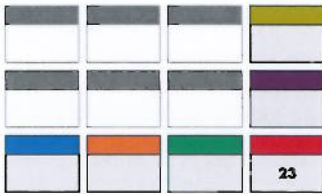
## INTERPRETATION OF YOUR FIRO-B® RESULTS

3	6	5	
0	9	0	

### Your Individual Needs

Each of the six individual needs can be defined by statements about characteristic behaviors, as shown in the table below. Your results for the six individual needs are estimates of how much each of the interpersonal dimensions is characteristic of you.

Characteristic Behavior	Your Results	What Your Results Indicate
<p><b>Expressed Inclusion [eI]</b> I make an effort to include others in my activities. I try to belong, to join social groups, and to be with others as much as possible.</p>	<p><input type="checkbox"/> LOW <input checked="" type="checkbox"/> MED <input type="checkbox"/> HIGH</p>	<p>Your result of 3 suggests that you will sometimes agree with these statements but may prefer to determine when and with whom you'll be having lots of contact at work.</p>
<p><b>Wanted Inclusion [wI]</b> I want other people to include me in their activities and to invite me to belong. I enjoy it when others notice me.</p>	<p><input checked="" type="checkbox"/> LOW <input type="checkbox"/> MED <input type="checkbox"/> HIGH</p>	<p>Your result of 0 suggests that you will usually disagree with these statements and prefer to keep a low profile.</p>
<p><b>Expressed Control [eC]</b> I try to exert control and influence over things. I enjoy organizing things and directing others.</p>	<p><input type="checkbox"/> LOW <input checked="" type="checkbox"/> MED <input type="checkbox"/> HIGH</p>	<p>Your result of 6 suggests that you will sometimes agree with these statements; you are comfortable providing structure and direction in those situations where it is sensible and expected.</p>
<p><b>Wanted Control [wC]</b> I feel most comfortable working in well-defined situations. I try to get clear expectations and instructions.</p>	<p><input type="checkbox"/> LOW <input type="checkbox"/> MED <input checked="" type="checkbox"/> HIGH</p>	<p>Your result of 9 suggests that you will usually agree with these statements and are most comfortable respecting others' authority and maintaining the structure provided to you.</p>
<p><b>Expressed Affection [eA]</b> I make an effort to get close to people. I am comfortable expressing personal feelings, and I try to be supportive of others.</p>	<p><input type="checkbox"/> LOW <input checked="" type="checkbox"/> MED <input type="checkbox"/> HIGH</p>	<p>Your result of 5 suggests that you will sometimes agree with these statements but only show your warm and supportive side to particular people and when the circumstances are appropriate.</p>
<p><b>Wanted Affection [wA]</b> I want others to act warmly toward me. I enjoy it when people share their feelings with me and when they encourage my efforts.</p>	<p><input checked="" type="checkbox"/> LOW <input type="checkbox"/> MED <input type="checkbox"/> HIGH</p>	<p>Your result of 0 suggests that you will usually disagree with these statements and may stay at a distance in situations when people want to be close and supportive.</p>

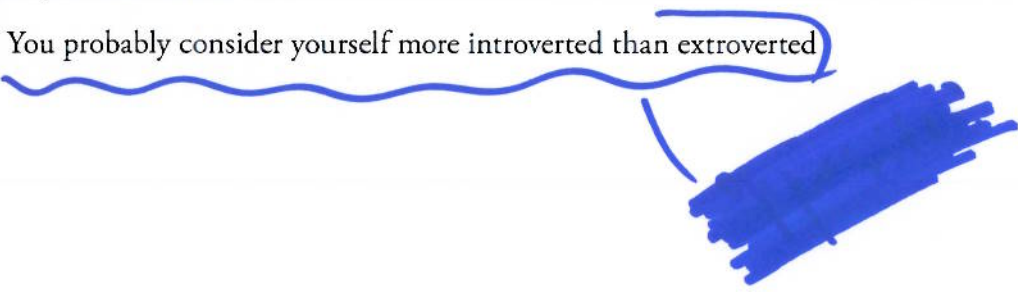


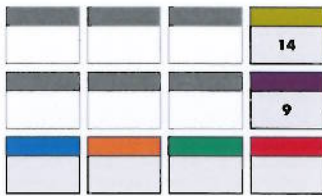
## Your Overall Interpersonal Needs

The indicator of your Overall Interpersonal Needs is the total of all six individual needs (eI + wI + eC + wC + eA + wA). This result represents the overall strength of your interpersonal needs; it shows how much you believe that other people and human interaction can help you attain your goals and achieve personal satisfaction.

**Your indicator of Overall Interpersonal Needs is 23, which falls in the medium-low range. This suggests that:**

- Your involvement with others is sometimes a source of satisfaction, but it depends on the people and the context
- You work most effectively alone, or with others when the objectives are focused
- You probably enjoy work that involves concentration on data or ideas and occasional discussions with or presentations to others
- You probably consider yourself more introverted than extroverted





### Your Total Expressed and Total Wanted Behaviors

Your result for Total Expressed Behavior ( $eI + eC + eA$ ) indicates how often you take the initiative in approaching others to fulfill the three basic interpersonal needs. In general, it shows how comfortable you are being proactive.

Your result of 14 on Total Expressed is in the medium range, which suggests that you vary in the extent to which you initiate action or work proactively with others; it seems to depend on exactly who the other person or persons are and the context in which you work.

Your result for Total Wanted Behavior ( $wI + wC + wA$ ) indicates how much you rely on others to get what you need. In general, it shows how comfortable you are being reactive or responsive.

Your result of 9 on Total Wanted is in the medium range, which suggests that you vary in the extent to which you are comfortable being reactive to and reliant on others; it seems to depend on exactly who the other person or persons are and the context in which you work.

Your results for Total Expressed and Total Wanted Behaviors are best interpreted in relation to each other, since they explain the general pattern of how you go about satisfying interpersonal needs.

Your Total Expressed Behavior score is higher than your Total Wanted Behavior score. Your Expressed behaviors may create the impression that you want more from others than you do; you may be more selective than you appear to be. You may find yourself wondering why others are expressing more inclusion, control, or affection toward you than you would like.



## Your Total Needs

Your Total Need results reflect the overall strength of each need, or how much you seek to satisfy each of these needs in interpersonal situations.

The need with the highest score is the one you feel most comfortable pursuing. You will probably return again and again to situations that offer opportunities for you to satisfy this need. This need is also the one you are least willing to sacrifice. Your results show that your greatest Total Need is for Control.

This suggests that in a new situation you are likely to focus on understanding the order and structure of the organization or of the situation. You will want to know who is in charge, how decisions are made, rules and policies, and the priorities of the various tasks. Once you are comfortable in the Control area, you may then concentrate on satisfying or expressing your needs for Inclusion and Affection.

The need with the lowest score is the one you are most willing to give up; over time, you may drift away from situations that provide opportunities for you to fulfill this need. Because Inclusion is your lowest priority, you won't be much concerned about fitting in or being involved with many people until your needs for Control and Affection are satisfied.

## PATTERNS



### Your Patterns of Need Fulfillment for Inclusion

Your results on Expressed Inclusion (3) and Wanted Inclusion (0) suggest that the following pattern of behaviors may describe you.

- You prefer working with a small group of people.
- You avoid forming too many friendships at work.
- You discourage invitations to company social events.
- You avoid being the focus of attention in meetings.
- You find recognition less important than accomplishment of the task.
- You need time alone to do your best work.

However, because your result on Expressed Inclusion was in the medium range, your behavior will probably depend on the particular people or the situation. You may want to review the statements above and think about specific situations in which they are most accurate.



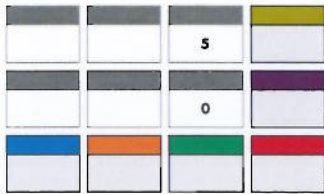


### Your Patterns of Need Fulfillment for Control

Your results on Expressed Control (6) and Wanted Control (9) suggest the following pattern of behaviors.

- You like to provide structure for others.
- You work hard and then kick back and let others run the show.
- You relate well with authorities in the organization.
- You tolerate control from others as long as you have your own responsibilities.
- You enjoy making decisions and following orders.
- You search for broad organizational issues or problems where you can take charge and fulfill mandates.
- You respect consistency and enforce standards.

However, because your result on Expressed Control was in the medium range, your behavior will probably depend on the particular people or the situation. You may want to review the statements above and think about specific situations in which they are most accurate.



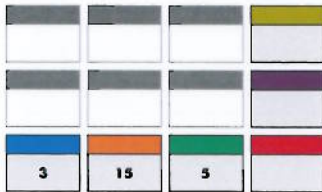
### Your Patterns of Need Fulfillment for Affection

**Your results on Expressed Affection (5) and Wanted Affection (0) suggest that you may characteristically display the following pattern of behaviors.**

- You may be generally friendly but are selective in forming close relationships.
- You use praise to motivate others but find it unnecessary yourself.
- You may limit close working relationships to a select few.
- You may wonder whether others' interest in you is sincere.
- You may be comfortable disclosing personal information but do not expect others to reciprocate.
- You may believe that friendliness is integral to working relationships.
- You may feel burdened by others who disclose a lot of personal information.

However, because your result on Expressed Affection was in the medium range, your behavior will probably depend on the particular people or the situation. You may want to review the statements above and think about specific situations in which they are most accurate.

## YOUR CAREER DEVELOPMENT



Knowing your interpersonal needs can help you evaluate career opportunities, whether you are considering a new career or are seeking to improve your satisfaction with your current position. You can evaluate any opportunity by considering how well it matches your interpersonal needs.

**Your Total Need for Inclusion (3) falls in the low range; this suggests that you will be more satisfied with jobs in which:**

- You have the opportunity to work alone and focus on one important project
- Getting the job done is more important than prestige and status
- Requests that you participate in group decision-making processes are kept to a minimum
- The organization rewards individual effort

**Your Total Need for Control (15) falls in the high range; this suggests that you will be more satisfied with jobs in which:**

- There is clear ownership of tasks and processes
- Advancement is based on skill and competency
- The goals and strategies of the work unit are clearly defined
- Meeting standards and maintaining consistency are rewarded

**Your Total Need for Affection (5) falls in the low range; this suggests that you will be more satisfied with jobs in which:**

- The organizational climate is professional and businesslike
- Critiques and healthy debate are welcomed as a means to improve effectiveness
- Personal privacy is respected; the workplace is not a home away from home

## IMPROVING YOUR TEAM EFFECTIVENESS

3	6	5	
0	9	0	

How effective you are as a member of a team or an organization is partly a function of how flexible you are. Your interpersonal needs may lead you to certain patterns of behavior that are currently limiting your potential effectiveness. Although it is necessary to find ways to express your needs, you may be able to increase your effectiveness if you do not engage in those patterns exclusively. The questions below may help you become more flexible.

### Team Effectiveness and Inclusion

**Your need for Expressed Inclusion (3) falls in the medium range. Ask yourself:**

- Am I too cautious about recognizing others and drawing them in?
- Do I wait too long to see how others will behave before showing an interest in their contributions?
- Are there ways to allow others a chance to provide input or to offer them some updated information to encourage their cooperation and involvement?

**Your need for Wanted Inclusion (0) is low. Ask yourself:**

- Are there ways that I could enlarge my network?
- Do I meet with my team frequently enough to satisfy their needs?
- Are there ways that I could let others know that I welcome their input?

## Team Effectiveness and Control

**Your need for Expressed Control (6) falls in the medium range. Ask yourself:**

- Am I waiting too long to provide goals and focus, even though doing so could help a project or a team?
- Are others expecting me to offer a more regular and constant stream of direction or decision making because of my role or expertise?
- Would it be easier for others if I offered to take control of tasks that are closely related and complementary to my current responsibilities?

**Your need for Wanted Control (9) is high. Ask yourself:**

- Can I learn to be more flexible and tolerant of ambiguity?
- Do I need permission, or do I already have all the authority I need to proceed?
- Can I lessen my reliance on others?

## Team Effectiveness and Affection

**Your need for Expressed Affection (5) falls in the medium range. Ask yourself:**

- Am I overly cautious about offering support and encouragement to others?
- Would it be helpful if a broader group of people at work had a better sense of me as a person and the challenges I am facing?
- Do others need more consistent appreciation and acknowledgment from me that their work is valued and important?

**Your need for Wanted Affection (0) is low. Ask yourself:**

- Do I allow others to establish a personal relationship with me?
- Does my emotional distance prevent me from being seen as supportive?
- Can I encourage others to share their ideas and reactions?

## LEADERSHIP

3	6	5	
0	9	0	

Because your highest Expressed need represents the social arena where you feel more comfortable taking action, this result predicts which “face” you show first to a group. This need will also probably shape the foundation of your leadership style.

**Your highest Expressed need is for Control. This suggests that you will strive to be a leader who:**

- Focuses on the task to be accomplished
- Meets deadlines
- Provides structure
- Gives instructions
- Handles emergencies
- Sticks firmly to final decisions
- Gives direction
- Develops challenging goals
- Gains legitimacy through task skill and proficiency
- Enjoys being seen as the person in charge
- Is effective in getting your way

Your lowest Expressed need is the area where you feel least comfortable taking action. Therefore, you are not as likely to use the leadership style associated with this need; when you do, you are less likely to make a good impression on subordinates. Your lowest Expressed need is for Inclusion. You may, therefore, get complaints about not treating everyone fairly and not giving everyone equal opportunity for input into decisions. Some of your followers may not feel a part of the team.

